

## ITALIAN BRIDGE FEDERATION - FIGB

### PROTOCOL FOR THE CONTRAST AND CONTAINMENT OF RISKS FROM VIRUS SARS-CoV-2 IN THE PRACTICE OF BRIDGE SPORT IN THE TRAINING PHASE OF YOUR MEMBERS

Training and preparation for the game of Bridge is also possible in distance learning; this method is strongly recommended and suggested by the FIGB to all entities. It is also strongly recommended to these bodies to carry out, where possible, the training activity in outdoor places.

There is no "physical contact" understood in the strict sense, meaning a contact between the bodies of athletes; instead, a possible minimum "proximity" in the front and side of the four players of less than 1 m is evident. In this phase the possible way of transmission, and therefore contagion, is the "air" one. Another possible route of transmission in this phase is that "contact", represented by "sports gear" by 4 players, namely: 1. Board and cards 2. Bidding Box 3. Bridgmate 4. Screens and Trolley 5. Tables, Chairs and Service Tables.

**GENERAL COMPULSORY RULES** All subjects involved in the exercise of the sport of Bridge and in the management of the Associations (including any external collaborators and employees or agents of third parties), are required to comply with the general rules for the containment of contagion already issued by the Competent Authorities and in force on the date of publication of this Protocol and subsequent amendments that may occur both nationally and territorially. Any person involved in the exercise of the sport of Bridge and in the management of the Association or any other subject affiliated to the FIGB is required in any case, aware of the legal consequences in case of violation, **DON'T GO TO the Bridge Club:** Detection of body temperature equal to or higher than 37.5 ° C; If subjected to the quarantine measure or positive to the virus; If you have symptoms of respiratory infection; If you have a family member with the symptoms of the COVID-19 infection; If you are in self-isolation or live with your family in self-isolation. Physical presence at the venue where the Association is carrying out a person's training - even if not a member - is possible only after having read the general mandatory rules (shown at the site of the activity with evidence) and in the absence of the risk factors listed above. In doubtful cases, the President or his delegate may carry out a specific anamnestic evaluation.

**PREVENTIVE MEASURES AND GENERAL PROTECTION:** Physical distance fixed at least 1m among the people; The hygiene of hands (washing accurately with water and soap and / or to the through the use of a dispenser solutions hydroalcoholic sanitizing), the use of gloves mono-use; Washing and sanitizing of surfaces;

The use of the protective mask and/or protective visor to avoid the dispersion of droplets (droplets of breath expelled by infected people through saliva);

The use of these measures, such measures mitigating the risk in locations where Bridge is playing, are compatible in all the moments of practice. In particular, the use of masks and visors is compatible with the sporting gesture. In addition to the measures listed above, it is considered appropriate that further mitigation measures may also be taken, which act in a coordinated way to allow more effective management.

**ADMINISTRATION AND EXIT MANAGEMENT OF ATHLETES AND OTHER SUBJECTS:** Persons with respiratory infection symptoms cannot access the sports or training venue of an organization; Persons with a body temperature of 37.5 ° C or higher cannot access the sports or training venue of an organization; At the entrance, it is necessary to measure the temperature of all the people who access the sports or training venue of an organization (preferably the use of a non-contact infrared thermal scanner); Persons without masks with adequate shape and adherence to cover the face from the chin up

to above the nose cannot access; The Presidents of the Associations or their delegates must ensure that all subjects wear masks during their stay in the premises and during training sessions; Under18 athletes cannot access unless accompanied by a parent or by those with parental responsibility and this too must comply with the Protocol; Make sure that the inputs and outputs are regulated by time or by mode so that the physical distance is in any case and always at least 1 m. among all subjects; The interior of the headquarters of an organization must always be organized in such a way as to avoid the occurrence of possible gatherings; At the entrance there must be a dispenser with sanitizing gel with the obligation of sanitizing the hands for all people who access the site; a poster with instructions from the Ministry of Health for the correct washing of hands with sanitizing measures must be clearly displayed; For each day of activity, the legal representative of the Body or its delegate will have to draw up a list of the people present in the venue, i.e. athletes, instructors, coaches and other people. The list must be kept for at least three weeks.

**DISTANCE AND HYGIENIC RULES IN THE VARIOUS PHASES OF THE SPORTS ACTIVITY :**The handshake and any physical contact between those present at the training venue of an organization are prohibited; To guarantee the distance of at least 1 m. tables must be placed among the players with at least mt. 1.30 on each side; the tables can have a smaller size only by being able to resort to adequate physical barriers to prevent contagion, such as cross screens; Players who approach the table for a takeover must stop in an area where the distance of at least 1 m is ensured. among subjects always equipped with masks; Players must frequently sanitize their hands with a sanitizing solution, suitably made available by the Association, in order to prevent any possible risk of contagion and, in any case, before going to a new table and before returning to the table after getting up and at the end of each session.

It is forbidden to bring your hands to the eyes, nose and mouth during the entire duration of the game; in case of need, provide a new hand sanitization first; The use of video projections that only the instructor and coach will be able to use is strongly recommended for the didactic and training phases; The instructors and coaches must wear, in addition to the mask, a splash shield to further contain the emission of droplets and avoid, as far as possible, to approach the table at a distance of less than 1 m .;

**MANAGEMENT OF SYMPTOMATIC CASES** The legal representative of the Association will take care of: Identify, at the Club, a space dedicated to the possible isolation of those who manifest the onset of symptoms attributable to COVID-19 during the activity. Set up a procedure for the management of the athlete or other person present at the Club that may show symptoms attributable to COVID-19 during activities. Draw up a list of people present to be shown in case of request from the Health Authority.

**HYGIENE PRACTICES:** Sanitation of all rooms before reopening according to the indications provided by the Competent Authorities; Preventive sanitization of air conditioning systems for room air conditioning. The room air recirculation function of the air conditioner must always be deactivated. The air conditioner cannot be used where current air recirculation is not possible (e.g. open window or other outdoor air recirculation system). Wear contagion prevention devices to access the training activity. At the entrance, everyone must sanitize their hands with hydroalcoholic solutions made available to them for this purpose; Never touch your eyes, nose and mouth; Maintain the interpersonal distance of at least 1 m. during the activity and in the waiting and resting phases; Sneezing and / or coughing in a tissue avoiding contact of the hands with respiratory secretions; if you do not have a handkerchief available, sneeze into the crease of your elbow; Always drink from disposable glasses and personalized bottles; Throw away tissues of paper or other materials immediately in "special containers"; Do not consume food at the training site; Ensure an adequate air change of at least 10 minutes every 60 minutes, inside the rooms where training and / or teaching activities take place; In order to implement good hygiene practices, the following must be made available to the people: Information procedures posted in the

access areas, in the activity areas, in the toilets; sanitizing gel dispenser; Indications on the correct methods and times of ventilation of the rooms; Information on daily cleaning and periodic sanitization; Furthermore, the exchange of people such as smartphones, tablets, etc. must be prohibited. and sports equipment; alternatively adequate sanitizations must be provided;

**CLEANING AND SANITIZATION OF PLACES AND EQUIPMENT IN THE CLUB:** On the basis of the risk assessment linked to the places that characterize the sports site, a specific plan must be prepared that identifies the minimum mandatory procedures to be applied to guarantee the periodic cleaning and sanitization of the sports venue. "Cleaning" means cleaning with a solution of water and detergent; with "sanitization" instead the cleaning with appropriate disinfectant solutions, in order to ensure the places a lower risk of infection. When choosing the products to be used for cleaning, in the absence of other indications from the health authority, it is necessary to take into account what is indicated in Circular 5433 of the Min. Health dated 22/02/2020:

The cleaning plan includes, listed in a non-exhaustive way: 1. The surfaces of the rooms dedicated to the activity; 2. common areas, lobbies and corridors; 3. The toilets; 4. Play equipment (Board, Cards, Bidding Box and more) 5. Support tables and service tables; 6. Chairs and stools; 7. Lift; 8. The parts most frequently touched by drink and snack vending machines (if any); 9. Correct cleaning of grates, ducts, air intakes of ventilation and air conditioning systems (if any); the preparation of specific instructions regarding the cleaning of these components must be defined, by the head of the site, in consultation with the maintenance technician and fixed according to the type of system. In general: For the most frequently touched surfaces, activities must be carried out on a daily basis, twice a day in the case of afternoon and evening training sessions; For game equipment, cleaning must be done at the end of each training session; Sanitization must be carried out before the first opening and, periodically thereafter; the periodicity of the sanitization will be established by the Legal Representative of the Association in relation to the characteristics and methods and times of use of the rooms; Specific intervention and sanitization procedures should be provided in the event that one of these suddenly presents symptoms; in this case, it is also necessary to: 1. Proceed to remove the people present; 2. Immediate closure of the office; 3. Proceed with the communication to the ASL, competent for the territory, of the list of people present;